

CDP Club Level Routines

NB: Club Levels 1-2 can compete at Club and Regional events only, included for information only.

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		CLUB LEVEL 1		CLUB LEVEL 2		CLUB LEVEL 3	
Age Groups As determined by the Club/	Compulsory		Compulsory		Compulsory		
	1	Front Landing	1	½ Twist to Front Landing	1	Full Twist	
	2	To Feet	2	To Feet	2	Straddle Jump	
	3	Straddle Jump	3	Straddle Jump	3	1/2 Twist to Seat Drop	
	4	Seat Landing	4	Seat Landing	4	1/2 Twist to Feet	
	5	To Feet	5	½ Twist to Seat Landing	5	1/2 Twist Jump	
	6	½ Twist Jump	6	½ Twist to Feet	6	Pike Jump	
	7	Tuck Jump	7	Tuck Jump	7	Back Drop	
	8	Pike Jump	8	Pike Jump	8	1/2 Twist to Feet	
	9	Back Landing	9	Back Landing	9	Tuck Jump	
10	To Feet	10	½ Twist to Feet	10	Front S/S (T)		