

## NDP LEVEL 5

Age Groups 9-10 Years 11-12 Years 13-14 Years 15+ Years	1 <sup>st</sup> Routine - Compulsory A		2 <sup>nd</sup> Routine - Compulsory B	
	1	Back S/S (S)	1	3/4 Back S/S (SL)
	2	Straddle Jump	2	To feet <u>or</u> Cody (T) = bonus 0.3
	3	Back S/S (P)	3	Straddle Jump
	4	Barani (P)	4	Back S/S (P)
	5	1/2 Twist Jump	5	Barani (P)
	6	Tuck Jump	6	Tuck Jump
	7	Barani (T)	7	Barani (T)
	8	Back S/S (T)	8	Back S/S (T)
	9	Pike Jump	9	3/4 Front S/S (S)
	10	Front S/S (P)	10	1/2 Twist to Feet <u>or</u> Ballout Barani (T) = bonus 0.3
<b>Voluntary Routine (NDP Final Only)</b> * NOT 9-10yrs as they will perform Compulsory A & Compulsory B				
<ul style="list-style-type: none"> <li>• Max of 1 body landing allowed.</li> <li>• NO min difficulty</li> <li>• Difficulty will be capped at 1.1 per element</li> </ul>				
<b>Minimum Standard to qualify to: Regional NDP Compulsory Final</b>			2 round score of 46.0	
<b>Minimum Standard to qualify to: NDP Final Regional Team Final</b>			2 round score of 48.0	

## NDP LEVEL 6

Age Groups 11-12 Years 13-14 Years 15-16 Years 17+ Years	1 <sup>st</sup> Routine - Compulsory A		2 <sup>nd</sup> Routine - Compulsory B	
	1	Back S/S (S)	1	3/4 Back S/S (S)
	2	Barani (S)	2	Cody (T)
	3	Straddle Jump	3	Straddle Jump
	4	Back S/S (P)	4	Barani (P)
	5	Barani (P)	5	Back S/S (P)
	6	Tuck Jump	6	Full Twisting Back S/S (S)
	7	Barani (T)	7	Barani (T)
	8	Back S/S (T)	8	Back S/S (T)
	9	3/4 front S/S (S)	9	3/4 Front S/S (S)
	10	Ballout Barani (T)	10	Ballout Barani (T)
<b>Voluntary Routine (NDP Final Only)</b>				
<ul style="list-style-type: none"> <li>• Max 1 body landing</li> <li>• No min difficulty</li> <li>• Difficulty will be capped at 1.3 per element for 11-12yrs</li> <li>• Difficulty will be capped at 1.5 per element for 13+ yrs</li> </ul>				
<b>Minimum Standard to qualify to: Regional NDP Compulsory Final</b>			2 round score of 46.0	
<b>Minimum Standard to qualify to: NDP Regional Team Final</b>			2 round score of 48.0	